

Marloes Hoogstad

Nutritionist, MSc

"Aspiring to increase awareness on the importance of nutrition in health and disease by means of research"



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Nijmegen, The Netherlands



www.marloeshoogstad.nl

www://



Education

2016-2018 **Stockholm, Sweden**

Stockholm University/ Karolinska Institutet

MSc - Nutrition

- Focus on relationship nutrition and health effects from a micro-biological and societal perspective.

Thesis: *Effects of Interventions with Short-chain Fatty Acids on Behaviour and Cognition in Obese LDLr^{-/-} Leiden Male Mice* (at Radboud UMC, Nijmegen, The Netherlands)

2013-2016 **Maastricht, The Netherlands**

University College Maastricht (Honours University program- English)

Liberal Arts and Sciences (BSc degree)

- Majors (2): Life sciences | Psychology (incl extensive lab skills, biochemistry and statistics)
- Minors (2): Molecular Nutrition | Clinical Nutrition (Maastricht University Faculty of Health, Medicine and Life sciences -FHML)

Thesis: *Arginine Supplementation in Septic and Surgical patients; a systematic review* (in cooperation with Maastricht Academic Hospital)

2012-2013 **Den Bosch, The Netherlands**

H.A.S. University of Applied Sciences

Food Design and Innovation

- First 6 months with a.o. sensory science, consumer behaviour

Poster Presentation

Hoogstad M.M., Tengeler A.C., Lamers M.H.G., Morrison M.C., Kleemann R., Kozicz T. & Kiliaan A.J. (2018, June) *Effects of interventions with short-chain fatty acids on brain function and structure in obese LDLr^{-/-}Leiden male mice*. Poster designed and presented at the Dutch Neuroscience Meeting, Lunteren, The Netherlands.

Conferences Attended

- **Dutch Neuroscience Meeting (DNM)** – June 2018
- **Dansk Selskab for Toksikologi & Farmakologi (DSTF)** – November 2017

Extra curricular courses

- **Principles of fMRI 1** (Johns Hopkins University/ University of Colorado Boulder/ Coursera) 2017 – Certificate
- **Bali exchange** (UniC High School) 2008 - Project with Balinese high school students on sustainable development

Work experience

2018 **Nijmegen, The Netherlands**

Radboud University Medical Centre

- Intern at the Department of Anatomy Working on a master thesis project regarding the effects of interventions with short-chain fatty acids on brain function and structure in obese LDLr^{-/-}Leiden male mice. Responsible for the data collection and analysis of the behavioural components of the study.

2014-2015 **Maastricht, The Netherlands**

Student Dance organisation 'Let's dance'

- Board member – Secretary (a.o. redesigning membership database, updating records and recruitment of new members)
- Head of Welcoming Committee - 5 member team (Responsible for the organization and promotion of Let's Dance during the orientation week for new students in Maastricht.)

2009-2014 **Utrecht, The Netherlands**

Centraal Museum/ Miffy Museum

- Assist with children's activities (arts and crafts)

2015/2017 **Multiple locations, The Netherlands**

Different fairs (book/ art)

- Assistant to help run a smooth operation

2015 **Almere, The Netherlands**

Oliebollen-Kraam Almere

- Selling typical Dutch pastries from a food truck

Skills & Competences

Word, PowerPoint, Excel	<div style="width: 80%;"></div>
Analytical skills	<div style="width: 85%;"></div>
Teamwork/communication	<div style="width: 90%;"></div>
Research and statistical (SPSS) skills	<div style="width: 80%;"></div>
Resilience & pressure handling	<div style="width: 95%;"></div>
Planning & Organisation	<div style="width: 90%;"></div>

Languages

Dutch Native	English Fluent	German Basic	Swedish Basic
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Interests

Cooking | Travelling | Reading | Dancing